

# Make it Happen

## Going for Gold Challenge

This summer will see the Commonwealth Games come to Birmingham (28<sup>th</sup> July to 8<sup>th</sup> August).

To celebrate, Make It Happen have teamed up with Laura Muir and Glasgow City FC to launch our Going for Gold challenge.

### The challenge

Design your own health, fitness or wellness app and post a picture of your app idea on Twitter with #GoingforGold and tag @makeith\_app\_en, or email it to [info@makeithappen.club](mailto:info@makeithappen.club)

### When

Monday 25<sup>th</sup> April - Monday 23<sup>rd</sup> May (Entries must be posted by midnight May 23<sup>rd</sup>).

The winning class and the overall winner will be announced on 8<sup>th</sup> June at 9am on 'Make It Happen' social media.

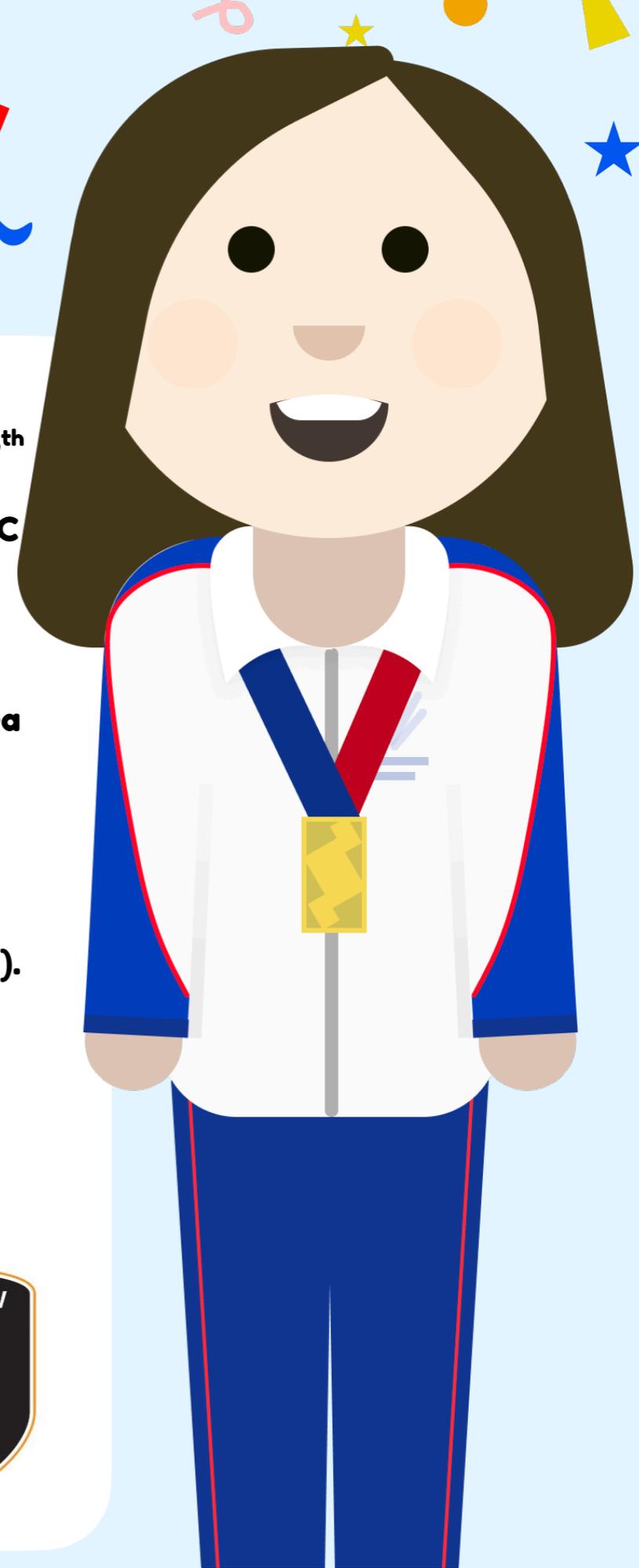
### Prizes

We will build the winning app for anyone in the world to play.  
They will also receive a PE lesson from Laura Muir for their class!

The winning class with the best overall entries will receive a Football lesson from Glasgow City FC!!

### Who can enter

Pupils aged 4-18



# Make it Happen

## What to do?

1. Read through the 'Think It', 'Design It', 'Build It' steps.
2. Write your health and well-being app idea on the back of this form or any paper - being as creative as you can.
3. Have fun and Go for Gold!!
4. Ask an adult to post a picture of your app idea on Twitter with #GoingforGold and tag @makeith\_app\_en or email your idea to [info@makeithappen.club](mailto:info@makeithappen.club)
5. A winning app will be chosen by our team.
6. Our experts will build the winning app idea and publish on our website for everyone to use.

## Think it

Think of the health and wellbeing apps that already exist and why people might use them. Consider a new take on a health and well-being app that you think would help people to encourage and support people in being active and healthy. Tell us your idea!

Remember, it's your app and it can do whatever you want as long as it supports health and well-being.

## Design it

What's your app called?  
How would you describe it?  
Be creative and draw what your app would look like to users. Tell us how it would work. Anything is possible!

Check out our previous winners <https://makeithappen.club/>

There are some inspiring health and wellbeing apps created by pupils just like you for you to explore.

Try out the Unicorn Personal Trainer challenge to get those creative ideas flowing!

## Build it

The Winning app will be created by expert designers and engineers who will bring designs to life, code the winning app and ship it onto our website to help inspire the nation throughout the Commonwealth Games.

Anyone can use Thunkable to build their own App ideas - its free, simple to use and has lots of tutorials to get you started.

[www.thunkable.com](http://www.thunkable.com)



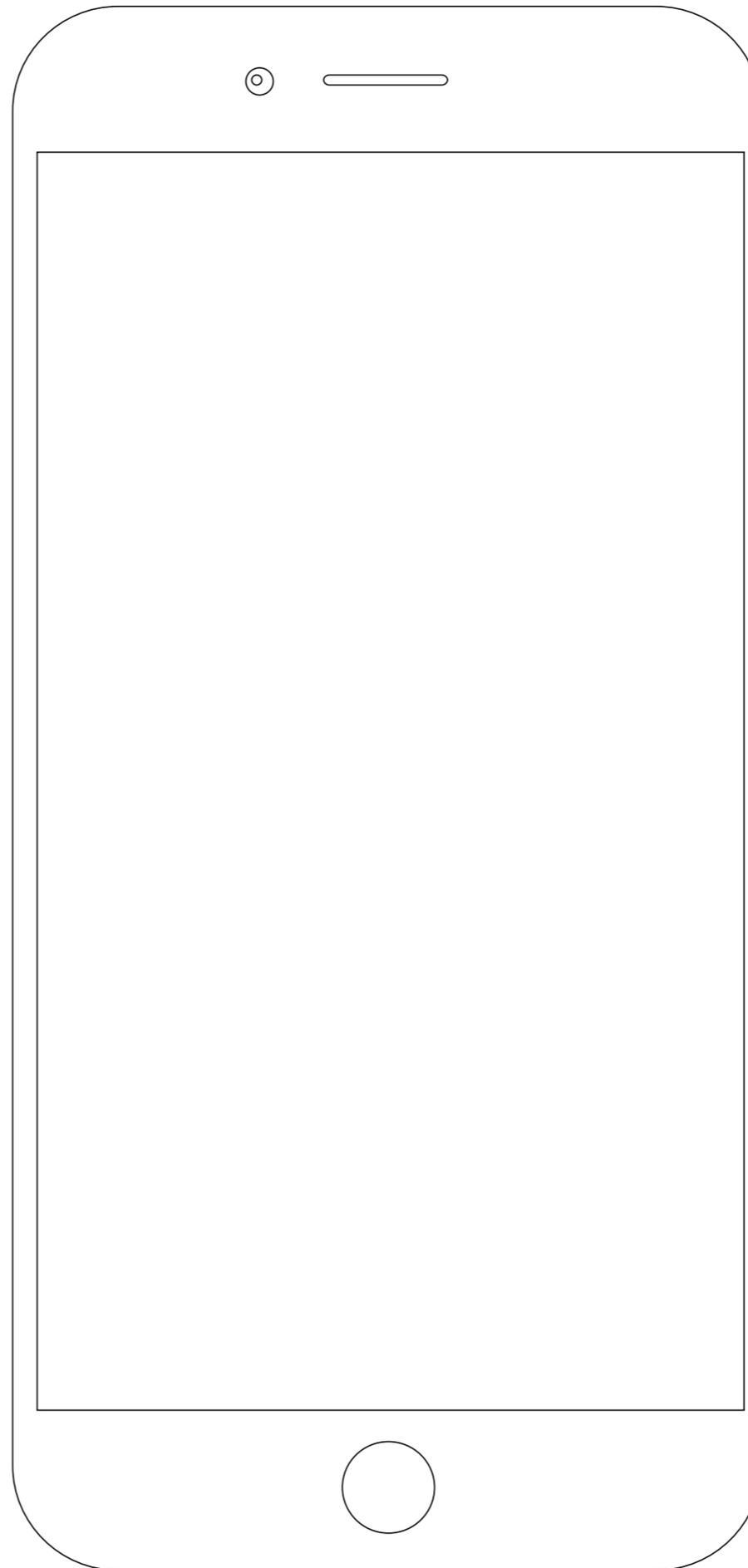
**Tell us all about your App Idea!**

**#GoingforGold**

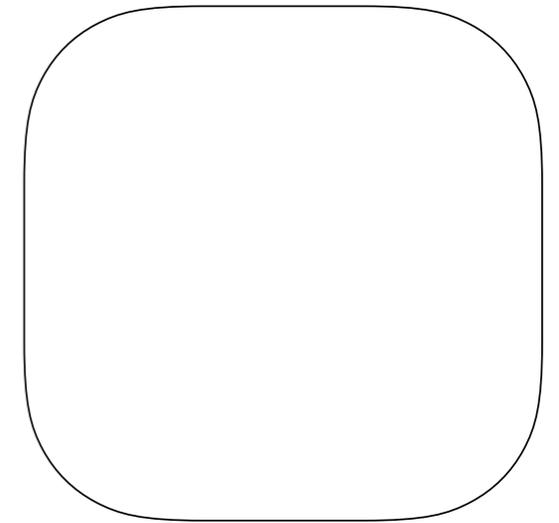
Who would use it?

Why would they use it?

What would it do?



Your App Icon



App Name:

App Description / Notes: